



YAMBI 2025 REPORT

A year of impact on a mission to end period poverty across Uganda

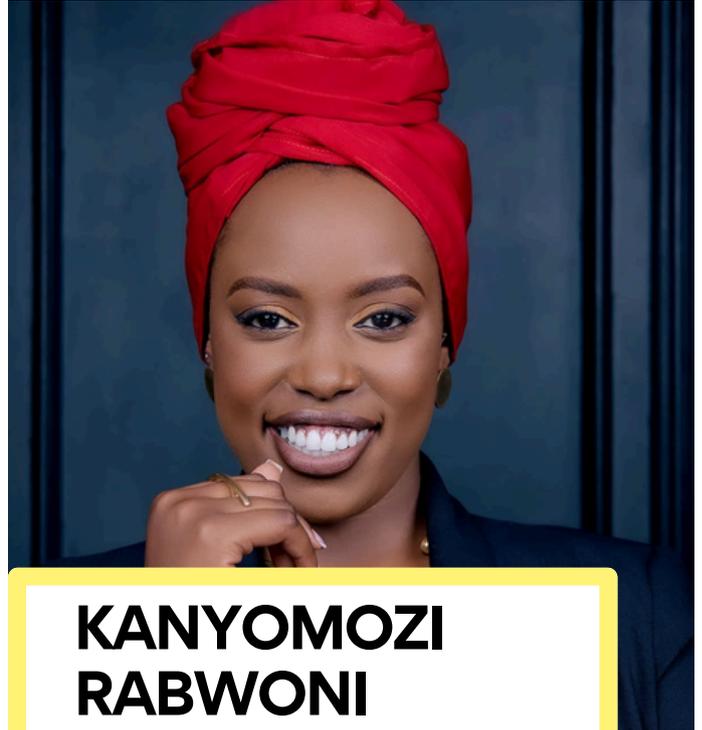
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EXECUTIVE DIRECTOR'S FORWARD

It is with a profound sense of achievement and hopefulness that I present our 2025 Annual Report. This year, "eventful" has been an understatement as we transitioned from a pilot phase into a season of significant impact and community building.

In 2025, we successfully broke past the boundaries of Kampala, expanding our outreaches to Koome Island, Mukono, Mpigi District, Arua in Northern Uganda, and the Ngora Initiative in Eastern Uganda. Our capacity has grown remarkably: while 2024 saw us reach 550 girls, in 2025 we reached 410 girls in the first quarter alone, and nearly 1,000 girls by the end of the year.



**KANYOMOZI
RABWONI**

Executive director

Our interventions have evolved to become more than just product distribution; we are now creators of vital menstrual health knowledge. This year, we shared the first look at our debut book, "What I Wish I Knew," developed in partnership with Suki Wellness to provide a positive menstrual experience for girls and women aged 9 to 55. We also prioritized disability inclusion, conducting deep research to ensure our programs are accessible to differently-abled and neurodivergent communities.

Our progress this year was fueled by the creative spirit of our community—from the "10k steps for 10k UGX" challenge, which raised over 6 million UGX, to our "Pad it Forward" campaign, which allowed donors to support a girl's menstrual needs for an entire year for just 10,000 UGX.

To our partners, collaborators, and individual donors: your support has been invaluable. Whether you joined our 10k challenge, donated to our birthday drives, or helped us translate pamphlets into Luganda, you are the reason a girl can stay in school today.

As we look toward 2026, we remain committed to making menstrual health a normal conversation in society and truly championing menstrual equity. Together, we are building a future where no girl is limited by her period.

Yours,

Kanyomozi Rabwoni

Executive Director, Yambi Community Outreach

1000+

girls and women received reusable pads and educational menstrual pamphlets

163%

Increase in our reach compared to 2024



BEHIND THE IMPACT THIS IS YAMBI

MISSION

To work with communities to eradicate period poverty in Africa, ensuring that every girl and woman has access to safe, sustainable, and dignified menstrual health solutions.

VISION

A world where women's health and wellness are accessible, inclusive, and empowering for all. Envision communities where menstrual health is recognized as a fundamental part of overall wellness, not a barrier to education, work, or opportunity. Through education, innovation, and sustainable solutions, we aim to advance women's health, economic empowerment, and wellness inclusion ensuring that every woman and girl can participate fully in society.

CORE VALUES

- Accountability – We are transparent in our work, ensuring that resources and support reach those who need them most.
- Commitment – We are dedicated to breaking the cycle of period poverty, through education, advocating for menstrual health equity.
- Integrity – We uphold honesty and ethical responsibility in all our partnerships, programs, and outreach efforts.
- Education: We endeavor to educate women and girls about menstrual health not only to break the stigma but to improve overall well being in every community.

THE HISTORY OF YAMBI

Yambi Community Outreach (formerly Yambi Foundation) is a charity non-governmental organization derived from the Rutooro word “Obuyambi” which means to give help.

The organization was founded in 2021 by Kanyomozi Rabwoni as a result of her passion for helping those in need following the success of a donation campaign surrounding sexual assault survivors that she spearheaded. From 2021-2023, Yambi focused on causes surrounding cancer survivors, mental health support to sexual violence and period poverty (menstrual health).



THE CONTEXT WHY MENSTRUAL JUSTICE STILL MATTERS

Menstrual health remains a critical yet overlooked issue affecting the lives, dignity, and opportunities of women and girls across Uganda. For millions, menstruation is not simply a biological process but a monthly barrier shaped by poverty, stigma, inadequate infrastructure, and systemic inequality. Despite growing global attention, period poverty continues to limit access to education, healthcare, and economic participation, particularly for girls and women living in informal settlements, rural communities, and low-income households.

In many communities, access to safe, affordable menstrual products is inconsistent or entirely absent. Girls are often forced to use unsafe alternatives or miss school altogether during their periods, contributing to learning gaps, low confidence, and long-term disengagement from education. These challenges are compounded by limited access to clean water, sanitation facilities, and accurate information, making menstrual management difficult and undignified. Menstrual stigma further silences conversations, leaving girls unprepared for their first period and women without support for menstrual-related health conditions.

Menstrual injustice is also deeply connected to broader gender and social inequities. When menstruation is treated as shameful or unimportant, the health needs of women and girls are deprioritised in policies, budgets, and public discourse. This reinforces cycles of exclusion, particularly for those facing intersecting vulnerabilities such as disability, poverty, or displacement.

Menstrual justice requires moving beyond stigma to address the persistent gaps in knowledge, care, and research surrounding menstruation. Across different age groups, many girls and women lack accurate, age-appropriate information about menstrual health, often navigating their cycles with limited guidance. At the same time, menstrual conditions such as endometriosis, PCOS, severe dysmenorrhea, and uterine fibroids remain under-researched and frequently overlooked. These gaps reflect broader concerns in women's health, particularly around conditions affecting the uterus, underscoring the need for greater awareness, research, and access to reliable information so that women and girls can better understand and care for their bodies.



Moved across Uganda

4 DISTRICTS REACHED

Yambi donated reusable pads throughout Uganda



Launched

MENSTRUAL HANDBOOK

A guide to a more positive menstrual experience at every age



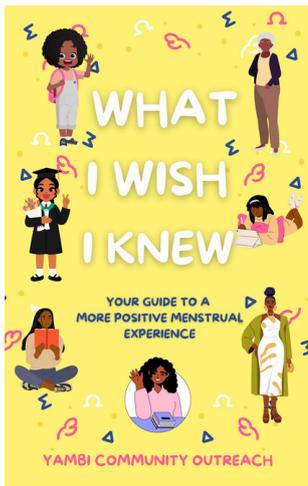
Expanded into

DISABILITY INCLUSIVE

to ensure our products and services are accessible to everyone

2025 EXPANSION

Following 2024's defining shift where Yambi narrowed its focus exclusively to menstrual equity to tackle the multidimensional challenges of period poverty, 2025 has been a year of significant innovation and scale.



We expanded our educational reach through the development of our first-ever book, "What I Wish I Knew," created in partnership with Suki Wellness to provide a positive menstrual experience for females aged 9 to 55..



Additionally, our expansion into tech-driven solutions continues with the development of Africa's first biometric Pad Banks, which will utilize fingerprint recognition to ensure consistent and data-driven access to menstrual products.

We dedicated focus on disability inclusion within the menstrual health space. By conducting deep research and focus groups in care homes, we are designing programs that cater to the unique needs of differently-abled and neurodivergent communities, ensuring our resources reach those who are often overlooked in Uganda.



2025 HIGHLIGHTS -Q1

**410 GIRLS
IMPACTED**

**KOSOVO
SLUM 55 GIRL
OUTREACH**

**KOOME ISLAND
OUTREACH
WITH 150 GIRLS**

This quarter marked a strategic shift towards branching out to districts outside Kampala, leveraging collaborations to raise awareness and funds for period poverty.

- **Buyana primary school - 150 girls**
- **Jacob primary school - 80 girls**
- **All round primary school - 55 girls**
- **Buyijja kabira primary school - 125 girls**



**BUNYANA PRIMARY
SCHOOL OUTREACH AT
KOOME ISLAND**

**ALL ROUND PRIMARY
SCHOOL OUTREACH IN
KOSOVO SLUM**

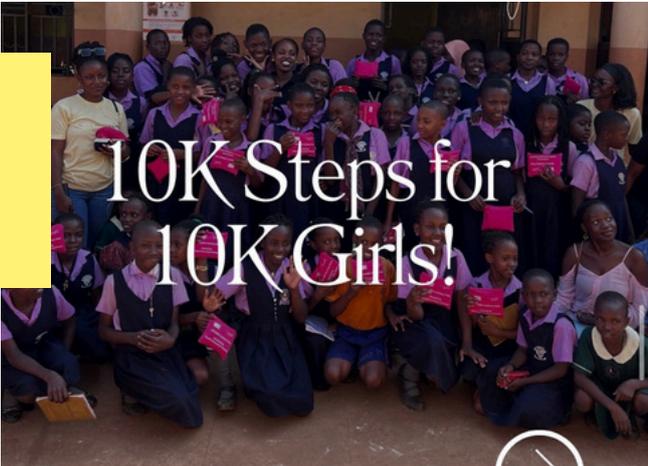


In partnership with Lifeline Endeavors, we empowered girls at All Round Primary School, addressing how many drop out once they start menstruating due to lack of resources. By providing menstrual education and reusable pads, we helped break the cycle of disadvantage, enabling girls to stay in school and pursue their dreams. With reusable pad packets lasting them over a year.

2025 HIGHLIGHTS

March was a game-changer! We kicked off the #10kfr10K challenge, where participants walked 10,000 steps daily or paid 10,000 UGX, raising vital funds for our cause. We also spent the day at Jacob Primary School in Salaama, shattering menstrual health myths and empowering 80 girls with confidence and knowledge.

10,000 STEP CHALLENGE FOR 10,000 GIRLS



* Our Executive Director, Kanyomozi Rabwoni, was invited by Rotaract Muyenga to deliver a keynote address on menstrual health and stigma. In her presentation, she eloquently highlighted the importance of addressing the cultural and social barriers that perpetuate period poverty, and emphasized Yambi's commitment to promoting menstrual equity and inclusivity. Her remarks sparked a thoughtful dialogue and reinforced the organization's mission to empower girls and women through education and resources.



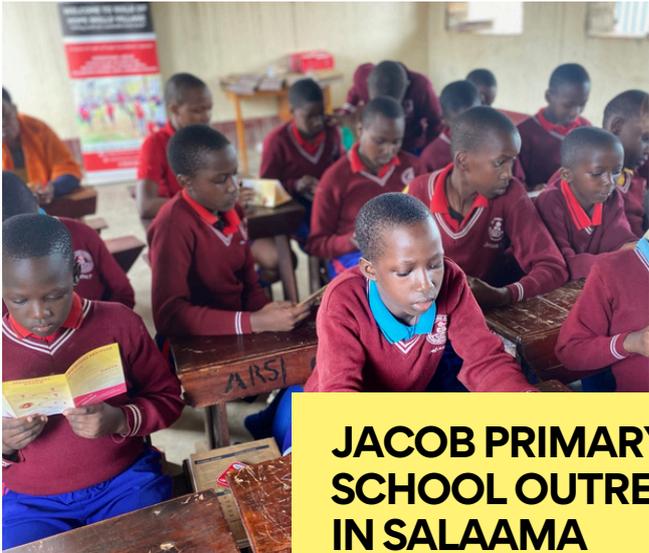
SPONSOR SPOTLIGHT AFROCANFIT

ROTARACT MUYENGA MENSTRUAL TALK

PEAKER IS KANYOMOZI RABWONI

TOPIC
MENSTRUAL HYGIENE MANAGEMENT IN SCHOOLS

7:00PM
THURSDAY 13TH MARCH
HOTEL INTERNATIONAL - MUYENGA

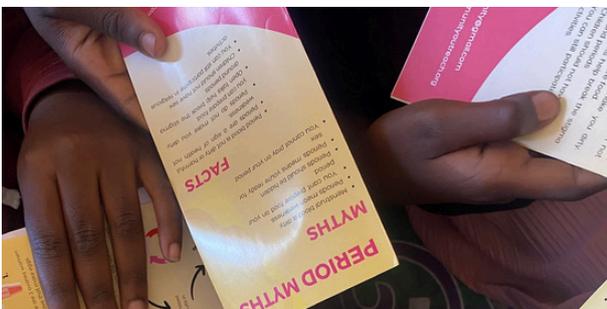


JACOB PRIMARY SCHOOL OUTREACH IN SALAAMA

2025 HIGHLIGHTS

In a significant outreach effort, Yambi conducted a workshop at **St. Ponsiano Kyamula Primary School in Salaama**, engaging over **250 girls and boys** in a critical discussion on menstrual health. The event, made possible by a generous **donation of 200 reusable pads from Adullam Ministries**, led by **Eric Thimba**, aimed to promote healthy practices and reduce stigma surrounding menstruation. Additionally, a smaller yet impactful outreach was held at **NCOF in Central Uganda**, where **22 girls** participated in a menstrual health education session as part of **Tracy's birthday drive**. Our **menstrual pamphlets were also translated into Luganda**, enabling wider dissemination of crucial information in the local language, including **distribution in Zirobwe**.

ST PONSIANO KYAMULA PRIMARY OUTREACH IN SALAAMA



TRANSLATED OUR MENSTRUAL HEALTH PAMPHLETS INTO LUGANDA [DONATED IN ZIROBWE]

NCOF OUTREACH IN PARTNERSHIP WITH TRACY



2025 HIGHLIGHTS

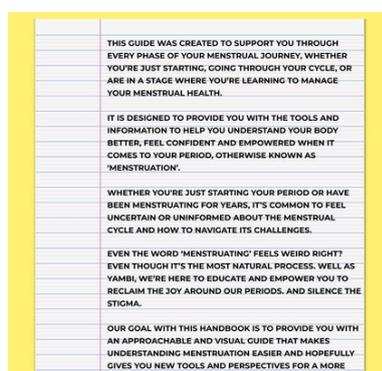
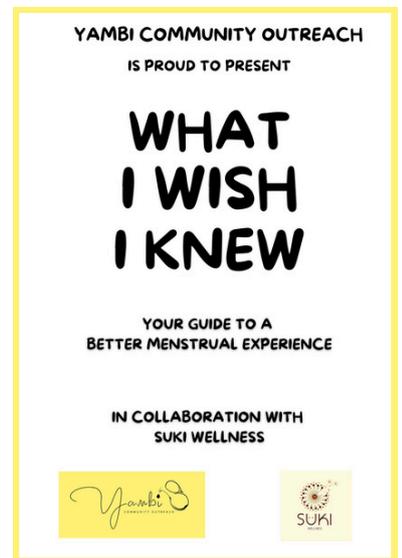
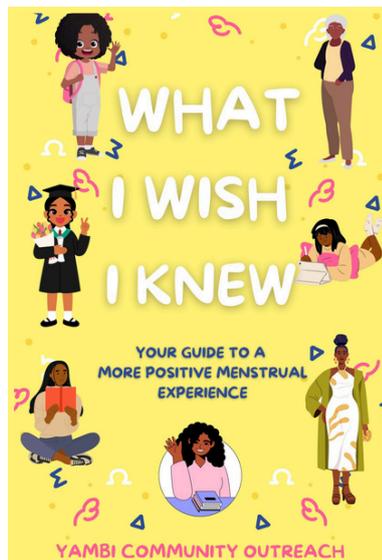


BUYIJJA PRIMARY SCHOOL OUTREACH IN MPIGI DISTRICT

* Yambi expanded its reach beyond Kampala, making a meaningful impact at Buyijja Primary School in Mpigi District. Our team engaged with 150 girls and provided essential menstrual health education, distributing reusable pads and promoting healthy hygiene practices. This outreach marked a significant milestone in our mission to break period poverty barriers in underserved communities outside the capital, empowering girls to thrive in school and beyond.

MENSTRUAL HEALTH DIGITAL HANDBOOK BY YAMBI

* "What I Wish I Knew: A Guide to a More Positive Menstrual Experience", a comprehensive digital ebook developed in partnership with Suki Wellness. This invaluable resource provides accessible and accurate menstrual health information, empowering girls and women aged 8 to 55 with practical insights and tips tailored to various life stages. The guide demystifies complex concepts, explaining women's hormones and menstrual cycles in clear and concise language, enabling readers to take control of their reproductive health and wellbeing. By bridging the knowledge gap and fostering a culture of openness and confidence, this pioneering resource has the potential to positively impact generations, promoting healthier attitudes towards menstruation and improved menstrual experiences across Uganda's diverse communities.



2025 HIGHLIGHTS

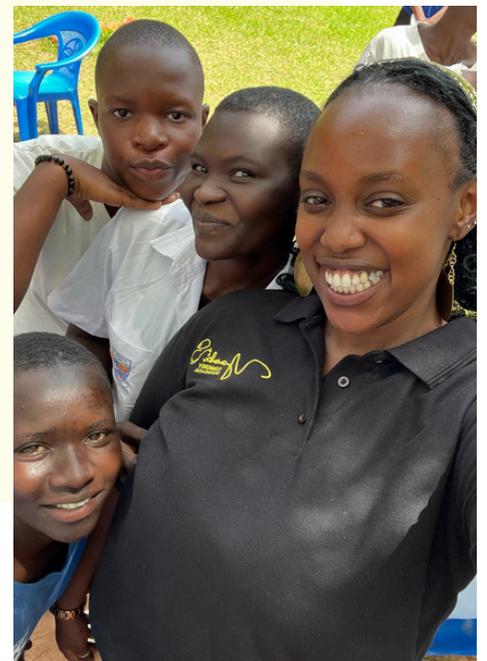
In Arua, Northern Uganda, Yambi partnered with Femme Talk West Nile for their #2EurosForAGirl pad drive and donated 650 menstrual health pamphlets. This outreach enabled the passive distribution of educational materials to a wider audience, promoting awareness and knowledge about menstrual health among girls in the West Nile region. The initiative contributed to reducing stigma and empowering young women with essential information for better menstrual hygiene management. In addition Yambi partnered with PPE Center that funded access to pads for girls in S1-S6, ultimately covering their entire secondary section,



2EUROSFORA GIRL PAD DRIVE IN ARUA WITH FEMME TALK WEST NILE



NGORA HIGHSCHOOL OUTREACH IN EASTERN UGANDA



PARTNERSHIPS & COLLABORATIONS

We say thank you for believing in our vision. Thank you to our dedicated partners, collaborators, and individual donors who have stood by Yambi's mission to empower girls and women across Uganda. Your unwavering support, expertise, and resources have been instrumental in driving our impactful work forward. All our partners and donors, we say thank you for believing in our vision and helping us create a brighter future for girls and women everywhere. Your contributions have not only amplified our reach and impact but have also inspired us to continue pushing boundaries and striving for excellence. We look forward to continued collaboration and new partnerships that will enable us to scale our impact and create lasting change.

LIST OF 2025 DONORS & PARTNERSHIPS



- Lifeline endeavors for Community Transformation
- Rotaract Muyenga
- Tubayo travel
- Achiever Ug
- Afrocanfit
- Suki wellness
- Adullam Ministires
- Mukasa Foundation
- Walk of Hope foundation



PROGRAMS AND SERVICES

In 2024, Yambi continued its unwavering commitment to eradicating period poverty through sustainable, community-led interventions. Our programs focused not only on providing menstrual products but also on empowering girls and women with knowledge and skills to make informed choices about their menstrual health. Below are the four core programs that defined our impact this year:

1. Menstrual Health Education workshops

Knowledge is the first step toward menstrual equity. Through interactive school workshops, community dialogues, and digital campaigns, we have empowered hundreds of girls and women with accurate, stigma-free menstrual health education primarily students and teachers in underprivileged schools.

Our menstrual educational walks and workshops cover:

- Menstrual hygiene best practices to promote health and well-being.
- The basics of menstruation, what to expect and how to navigate various challenges
- in partnership with Suki Wellness we also educate our communities on the impact of hormones and their role in menstruation.
- Breaking cultural taboos and myths that contribute to period stigma.
- Reproductive health education, helping young girls understand their bodies in a scientific yet easy to understand approach.
- Each attendee receives a short flyer explaining the process of menstruation, the various menstrual products, myths and facts
- Additionally, Yambi is actively advocating for policy changes to make menstrual health a recognized public health and gender equality priority in Uganda. We engage policymakers, schools, and community leaders to ensure sustainable, long-term solutions for period poverty.



PROGRAMS AND SERVICES

2 MENSTRUAL PRODUCT DISTRIBUTION

To avoid blood seeping through their clothes, many girls in underprivileged areas are forced to miss school or use unsafe materials due to a lack of access to menstrual products. Often times horror stories are shared with girls having to go as far as putting sand or soil in their undergarments as a means to mitigate the blood seeping through their clothes. Evidently, this is a dire issue which is why Yambi is championing sustainable and cost-effective solutions by promoting the use of reusable sanitary pads. Through our partnerships, we have distributed custom-branded, high-quality reusable pads, ensuring that girls have access to affordable, eco-friendly options.

The issue is directly addressed through:

- Monthly reusable pad distribution to schools, shelters, and community slums

By ensuring consistent and stigma-free access to menstrual products, we hope to end period poverty and keep girls informed, educated and in school.

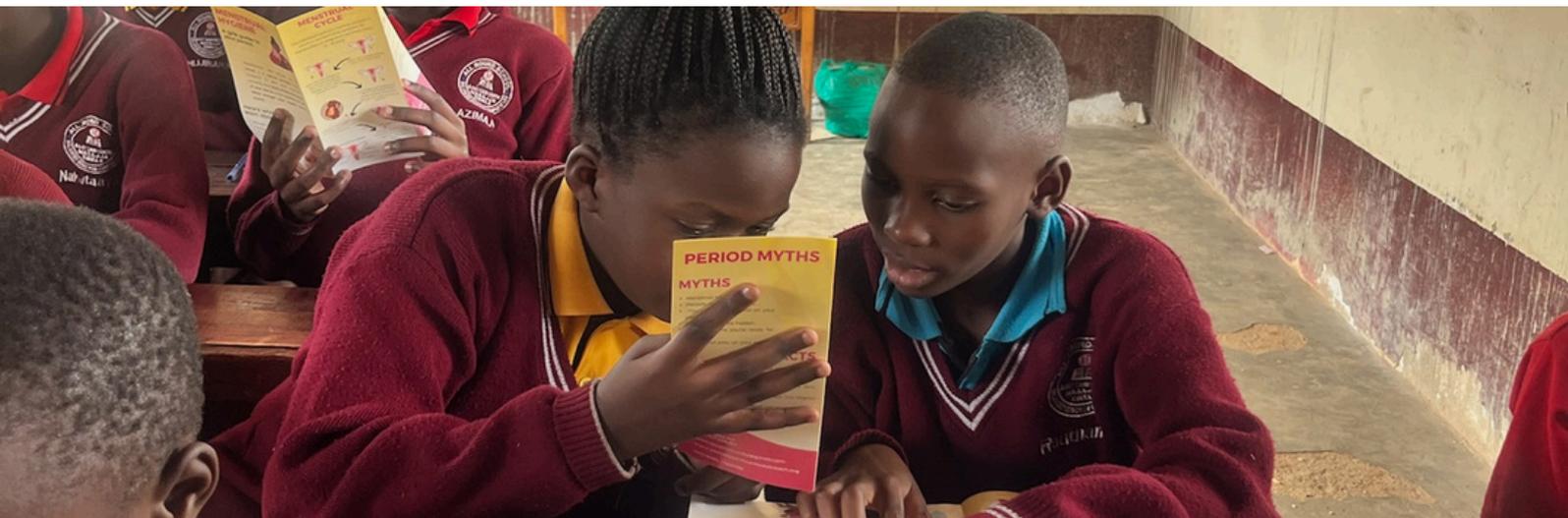
3. SUSTAINABILITY THROUGH SKILLING

True menstrual equity comes from giving girls and women the power of choice. To achieve this, we teach schoolgirls and women how to make reusable sanitary pads from scratch using materials that are easily accessible within their communities.

This program provides:

- A cost-effective, sustainable solution to menstrual hygiene.
- Income-generating opportunities for girls and women who sell their handmade reusable pads, enabling them to afford the menstrual products of their choice.

By empowering communities with skills, Yambi ensures that menstrual health is not just about access—but about autonomy and self-sufficiency.



STUDENT TESTIMONIAL



WHEN GIRLS SPEAK WE LISTEN

During an outreach in Eastern Uganda we found a vibrant, elated, dedicated and academically excellent group of girls who shared their stories with us. From their dreams and hopes to their fears, we realized their hope to stay in school and ultimately reach their goals like every other girl was being jeopardized by their lack of sanitary products.



“When I interacted with our girls, most them were challenged by menstrual hygiene because some of them couldn't afford sanitary towels or they come with few. But when I tried to look for a way out there was no way out and the headmistress could not afford to help all the girls. But you people came with the program I'm really so grateful now many girls can stay at school and finish their education. The number of girls that dropped out before this program the number was so many but now many of them are able to stay at school and complete. May the almighty God bless you and may you take this program to the neighbouring schools because I also like when my friends can stay at school. I'm really so grateful, I'm almost completing s4. Please continue the same program so that many girls also reach their dreams. So I want to give a vote of thanks.”



A student at Ngora Highschool shared how she spoke to her peers and found that one of their biggest challenge was not being able to afford pads and had to drop out

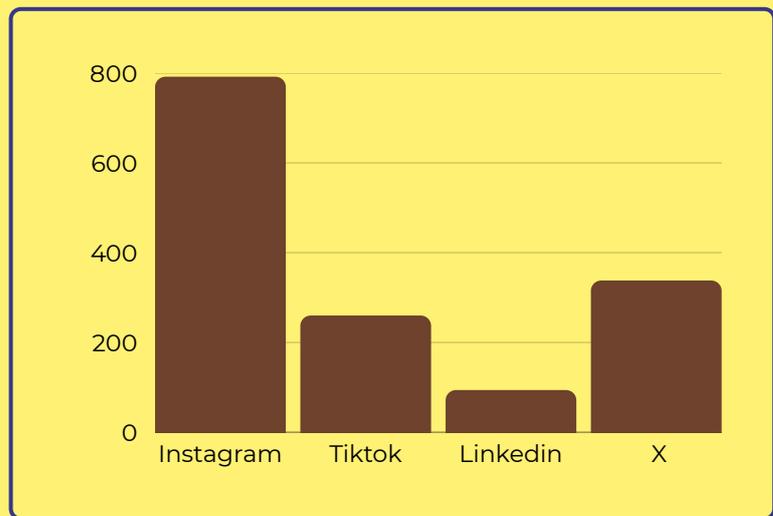


CONTENT PERFORMANCE REPORT

2025

Performance by social media platforms :

Instagram	792
Tiktok	260
Linkedin	94
X	338



Our 2025 in social media growth

In 2025, Yambi continued to strengthen its digital presence as a key tool for awareness, education, and community engagement around menstrual health and justice. By the end of the year, Yambi had grown its online community to 338 followers on X, 792 on Instagram, 260 on TikTok, and 94 on LinkedIn. These platforms have enabled the organisation to share outreach highlights, menstrual health information, and advocacy messages while engaging diverse audiences across age groups.

Looking ahead to 2026, Yambi will strategically deepen its digital impact by prioritising long-form, thought-leadership content through LinkedIn articles, alongside expanded short-form video content on TikTok focused on outreach storytelling, practical menstrual health tips, and stigma-breaking conversations. This approach will allow Yambi to both educate and mobilise wider audiences while positioning the organisation as a credible voice in menstrual justice discourse.

YAMBI'S 2026 VISION

A VISION FOR SUSTAINABILITY

As we look toward 2026, Yambi is embarking on a transformative journey to become a sustainable social impact organization. By adopting a hybrid model, we will maintain our vital non-profit initiatives while introducing income-generating activities, such as paid educational quizzes and market-day activations. This strategic shift is designed to create a self-sustaining ecosystem where profits are directly reinvested into our operations and growth, ultimately reducing our long-term dependency on external donations while allowing us to scale our social impact more effectively.

OPERATIONAL EVOLUTION: SPECIALIZED CARE AND DIGITAL INNOVATION

Our operational strategy for 2026 emphasizes specialized care and digital innovation to meet the diverse needs of our community. We are expanding our services to provide tailored support for teenagers and women, specifically focusing on perimenopause, menopause, and complex menstrual health conditions like endometriosis. Furthermore, we will launch digital toolkits and nutrition guides to facilitate vital health conversations between parents and teens. This expansion will be bolstered by a complete website refresh and the highly anticipated return of "Yambi Lives," ensuring our evidence-based content and advocacy reach a broader audience through schools and women-focused events. We've currently paused our pad bank efforts to focus primarily on disability inclusion and community building both in person and digitally.

INCLUSION AND STRATEGIC GROWTH: STRENGTHENING ADVOCACY AND PARTNERSHIPS

Central to our 2026 vision is an unwavering commitment to disability inclusion and strategic advocacy. We will prioritize the development of inclusive menstrual health content and forge partnerships with disability-focused organizations to address and highlight critical gaps in access. To fuel these ambitions, our fundraising strategy will be driven by targeted quarterly initiatives, including the #10kFor10k, #PadItForward, and #MissionMenstruation campaigns. By aligning with partners who offer mission-congruent support and in-kind services, we will ensure that every outreach—from community "fun play" events to formal school engagements—is both impactful and inclusive.

Embracing Sustainability: Yambi's Transition to a Social Impact Organization

In response to the withdrawal of international funding and a shift towards community-driven support, Yambi has made a strategic decision to evolve into a social impact organization. This transition marks a significant milestone in our mission to promote menstrual health and empower girls and women in Uganda.

The Need for Sustainability

For years, Yambi has relied heavily on individual and organizational donations to provide menstrual health education and products to underserved communities. However, with the decline in funding, we recognized the need to diversify our revenue streams and adopt a more sustainable model. Our goal is to reduce dependence on external funding and instead, leverage community support and earned income to drive our mission forward.

New Approach: Social Impact Organization

As a social impact organization, Yambi will operate with a hybrid model, combining community donations with revenue generated from the sale of highly subsidized menstrual products and paid workshops. This approach will enable us to:

- offer affordable, high-quality menstrual products, such as reusable pads and menstrual cups, to girls and women in underserved communities and expand our free workshops.

And therefore we call for partners that would like to join the movement and help us end period poverty.

Paid Workshops and Training: Our experienced team will deliver engaging workshops and training sessions on menstrual health, hygiene management, and empowerment in schools, offices, and communities. These paid sessions will not only generate income but also promote awareness and education on menstrual health.

Benefits of the New Model

This transition will bring numerous benefits, including:

Increased sustainability and reduced reliance on external funding

Expanded reach and impact through community-based initiatives

Empowerment of girls and women through education and economic opportunities

Enhanced community engagement and ownership of menstrual health initiatives

Our Commitment

Throughout this transition, Yambi remains committed to our core mission:

promoting menstrual health, empowering girls and women, and breaking period poverty barriers in Uganda. We believe that this new approach will enable us to make a more significant, lasting impact and create a culture of openness, confidence, and sustainability.

Join us in this exciting journey towards a more sustainable and impactful future!

THE 2025 YAMBI TEAM



CORE TEAM

EXECUTIVE DIRECTOR
KANYOMOZI RABWONI

CHIEF OPERATIONS OFFICER
BLESSED DEBORAH MAGEZI

PROGRAMS MANAGER
SANYU JOANITA KINTU

HEAD OF LEGAL
LYDIA MBABAZI

FINANCE LEAD
EUGENIE YIGA

HEAD OF MOBILIZATION
ASHWARIYA MURUNGI

HEAD OF SOCIAL MEDIA
RACHEL AGABA

VOLUNTEERS

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Marilyn Atuhaire

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